



Wellness Policy

We're here to help you/your child with their vision problems. However, therapy is just not conducive when a patient is ill or "off."

Please remember the golden rule...and this includes parents and children sitting in the waiting area! Stay home if you or your child...

- looks and acts ill or has a fever of 100F degrees or above
- stays home from school or work due to not "feeling well"
- has signs of possible illness such as uncontrolled coughing, sneezing, difficulty breathing, wheezing, persistent crying, or lethargy
- has diarrhea, such as loose or runny stools, or can't get to the bathroom in time
- has vomiting; once a youngster has vomited, most health providers recommend or require that a child not return to school or daycare for a minimum of 24 hours
- shows any sort of rash, especially when accompanied by a fever or behavior change

Since we have young children coming through the office each hour and therapists working with many patients throughout the day, it's a good idea to stay home even when one of your other children (or a spouse) is sick. The incubation period for many viruses can be more than a week...which means you can be contagious even when symptom-free.

Please do not hesitate to cancel your appointment if someone comes home from school with a fever or gets off the bus and vomits. We understand! We'll work with you to reschedule therapy when everyone is feeling better. If you have further questions please call the office at 703/753-9777.